

THE 2026 MS FORUM in Charlotte, NC

A Special Event Created for People Living with MS and Care Partners




MS Views and News
presents
THE MS FORUM
A SPECIAL MS EDUCATIONAL EVENT
MAY 26TH 2026 @ 6:00 PM ET



Robert Motl, PhD
Kinesiology and Rehabilitation



Jessica Thomas, LCSW
Social Work



Matthew Carraro, MD
Neurology

RSVP Required to attend this In-Person Comprehensive program – Please see Below

MS Forum Event Sponsors:  **Genentech** A Member of the Roche Group and  **NOVARTIS**

6:05pm – Opening Remarks - by **Stuart Schlossman**, MS Views and News President/Co-Founder

6:10pm – Presented by: **Robert Motl, PhD** -

A Professor of kinesiology, nutrition and rehabilitation sciences at the University of Illinois, Chicago

Today's topics include: the benefits and guidelines for exercise and movement in MS.

[a 30-Minute presentation plus 15-minutes of Q&A](#)

6:55pm – Presented by: **Jessica Thomas, LCSW** – Licensed Clinical Social Worker

Leads the monthly online event MS Mental Wellness Chat event

Today's Topic: The Role MS plays in relationships. How MS can affect the people closest to us. Ideas to build understanding, resilience and deeper connection.

[a 30-Minute presentation plus 15-minutes of Q&A](#)

7:40pm – Presented by: **Matthew (Max) Carraro, MD** – MS Neurologist at Piedmont Health in Charlotte, NC

Today's Topics include Discussion on Comprehensive MS Care, Brain Health, Today's disease modifying therapies, Wellness, spasticity (and Night cramping) care. Communication with your Healthcare team.

[a 30-Minute presentation plus 30-minutes of Q&A](#)

Program Date: Tuesday, May 26th, 2026
Check-in begins at 5:15pm * Program Begins at 6:05pm
With Complimentary Dinner

Location: Embassy Suites by Hilton Charlotte
4800 South Tryon Street - Charlotte, NC 28217
[Google Map](#)

To attend in-person please (RSVP) online: <https://msviewsandnews.org/in-person-events/>

(When webpage opens, click the program relating to your region)



OR use this QR CODE to register for this in-person program

If you do not have internet, please call (888) 871-1664 - Ext 105

No Walk-ins will be permitted (as an advanced headcount is needed)

Community Sponsor:  **TG Therapeutics**

Exhibitors:  **Biogen**  **Genentech** A Member of the Roche Group  **keenova**TM
 **NOVARTIS**  **TG Therapeutics**

Program provided by MS Views and News, a 501C3 not-for-profit organization
MS Views and News is **MAKING an IMPACT** on those affected by Multiple Sclerosis