



Learning today's Ins & Outs of Specialty Pharmacy + Insurance

## Shared Decision Making in MS Treatment Choices



**GARY OWENS, MD**

### SPECIALTY PHARMACY:

What is it and What you Need to Know!  
A LOOK AT: Affordability,  
WHAT IS STEP THERAPY,  
Understanding Cost Sharing,  
and Co-Pay Assistance



**HEIDI CRAYTON, MD**

PLUS,  
Wellness, Lifestyle and Nutrition  
for those living with MS  
PLUS Shared Decision Making

Supported By: NOVARTIS

**Genentech**  
A Member of the Roche Group

&

**Mallinckrodt**  
Pharmaceuticals  
Autoimmune and Rare Diseases

**RSVP REQUIRED to attend – Please see below**

The goal of this educational series is to familiarize the MS patient and care partner with aspects of specialty pharmacy, step therapy, Medicare updates, biosimilars, telehealth today and more. With a goal to empower the patient and care partner with the shared decision-making process of selecting a treatment option that they feel works for them, and understanding the process and time frame of obtaining their treatment of choice.

**Plus, for MS Awareness Month, Heidi Crayton, MD will discuss WELLNESS, LIFESTYLE & Nutrition, And Shared Decision Making**

**INTERACTIVE Q&A's to FOLLOW each presenter**

**Date: March 28, 2026**

**10:40am ET – Check-in // 11:30am ET – Program Begins**  
Complimentary Lunch

**Location: M&S - McCormick & Schmick's  
2010 Crystal Drive, Arlington, VA 22202**

For In-person registration Please (RSVP) Online: <https://msviewsandnews.org/in-person-events/>  
(When webpage opens, click the program relating to your region)  
If you do not have internet, please call (888) 871-1664 - Ext 105

**No Walk-ins will be permitted** (as an advanced headcount is needed)

**Exhibitors:**

**Genentech**  
A Member of the Roche Group

**Mallinckrodt**  
Pharmaceuticals

**NOVARTIS**

**MS views & news**

Program provided by MS Views and News, a 501C3 not for profit organization  
MS Views and News is MAKING an IMPACT on those affected by Multiple Sclerosis