



THE 17TH ANNUAL MS SYMPOSIUM

Saturday, November 15th, 2025

Doors & Resource Room open at 9:30am

Educational Program begins at: 10:35am EST

Location: Renaissance Hotel - 1230 S Pine Island Rd. Plantation, FL 33324



Jeff Segal, BS, NSCA-CPT



Amy (Yu) Laitinen, MD



Buse Sengul, MD



Brian Steingo, MD

MS VIEWS AND NEWS INVITES YOU TO:

The Multiple Sclerosis Community Resource Expo and MS SYMPOSIUM

- The largest and most comprehensive MS educational program in Florida -

RSVP Required to attend - Please see below to register

AGENDA / FLYER

10:35am - Opening Remarks - by MS Views and News President/Co-Founder

10:45am - Jeff Segal - Personal Trainer, BS, NSCA-CPT

a 20-minute presentation + 10-minute Q&A

Let's get warmed up and move together! Tips on strength, movement and some inspiration from an MS trainer.

11:20am - Amy (Yu) Laitinen, MD, Neurology - Marcus Neuroscience Institute

- a 25-minute presentation

Today's MS updates. Learn about new MS treatment options and progress, A breakdown on B-cells and BTK inhibitors and how they work. (this talk ends at ends at 11:45am)

11:50am - Amy (Yu) Laitinen, MD, Neurology - continues with Lifestyle & Wellness

- a 15 minute presentation

12:10pm - Buse Sengul, MD - MS Neurology - Memorial Healthcare System

- a 25-minute presentation

Understanding Multiple Sclerosis health and wellness in Women. Plus, MS Symptoms Management including MS spasticity, neurosensory pain, fatigue, and more.

12:40pm - Brian Steingo, MD - MS Neurology - First Choice Neurology

- a 35-minute presentation

Understanding Multiple Sclerosis health and wellness in men. Nutrition for Men and Women with MS.

PLUS, a look at disability progression, MS relapse, relapse treatment and lifestyle.

1:20pm - Following the presentations, Stuart will host a Q&A with the MD panel - a 45-minute directed Q&A session

2:10pm - After the Q&A panel - Join us for open Q&A to all Attendees (in-person & online) - 35-Minutes

Registration Required to attend - Please Register, RSVP online:

<https://msviewsandnews.org/in-person-events/>

If you do not have internet, please call (888) 871-1664 - Ext 105

THANKING THE SPONSORS OF THE 2025 MS SYMPOSIUM:

EVENT Sponsors:  NOVARTIS and  Memorial Neuroscience Institute

Community Sponsor:  TG Therapeutics   

Exhibitors:  ALEXION AstraZeneca Rare Disease  ani Pharmaceuticals, Inc.  Biogen  NOVARTIS  Mallinckrodt Pharmaceuticals  FLOMED INFUSION  EMS SERO  FIRST CHOICE NEUROLOGY  Genentech A Member of the Roche Group  TG Therapeutics

The 2025 MS Symposium is presented by MS Views and News, a registered 501(c)(3) non-profit organization. Donations are appreciated.

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Program to end at approx 2:50pm