



Supported by:



Understanding WELLNESS, Access to Care & the Future of MS Treatments

Registration required. Please see below to RSVP.

11:35am - Guest Speaker: Paul Pelland “Long Haul Paul” - MS Patient Advocate

Listen to this compelling story about this motorcycles’ similarity to MS

➔ Entering the World’s Toughest Motorcycle Competition on the most unreliable bike ever built is a lot like everyday life with MS. A painfully humorous and inspiring story of overcoming monumental challenges with ingenuity and sheer will power. –

a 35-minute discussion + 5 mins of Q&A



12:20pm - Guest Speaker: Ann Cabot, DO, a neurology specialist in Concord, NH.

Board Certified Neurologist Multiple Sclerosis Specialist

Topics:

- A discussion on Complimentary Wellness, Nutrition, Exercise, sleep and mindfulness to achieve wellness.
- Access to Care in Rural America.
- Plus, a Year in review regarding Multiple Sclerosis findings and achievements leading to the future of MS medications and treatments.

➔ a 50-minute discussion + 40-mins of Q&A



Program Date: Saturday, October 11, 2025

Check-in: 10:45am ET – Program begins at 11:30am ET
With a Complimentary LUNCH

Location: Puritan Backroom

Puritan Conference and Events Center
245 Hooksett Road, Manchester, NH 03104

PLEASE Register (RSVP) Online <https://msviewsandnews.org/in-person-events>

If you do not have internet, please call (888) 871-1664 - Ext 105

Everyone needs to be registered in advance of the event, so we can have the correct number of food & tables

No Walk-ins will be permitted – all must be registered in advance of event.



Program provided by MS Views and News, a 501C3 not for profit organization
MS Views and News is MAKING a Positive IMPACT on those affected by Multiple Sclerosis