



# COMPASS TO MS CARE RURAL AMERICA & BEYOND

Supported by:



NOVARTIS



TG Therapeutics



## Is it Age related or is it MS?

(Registration required to attend. Please see below to RSVP)

### Special Guest Speakers:

#### Dr. William Kilgo, MD, Neurologist

Director of the Neurology Residency Program; Associate Professor of Neurology  
At USA Health at University of South Alabama



Topics: Gait issues, Falls, Spasticity, Neuro Pain, Cognitive issues, Fatigue  
Plus, High Efficacy MS Treatment options, Access to MS Care/Telehealth

45-minute discussion + 40 mins of Q&A

#### Jeffrey Segal, NSCA-CPT, CSCS, CPTS, CPR/AED - MS Exercise Specialist

##### To Discuss:

- An Interactive & demonstrative presentation giving multiple ideas to enhance movement for people living with MS
- Exercises to help reduce spasticity



35-minute discussion plus 10 mins of Q&A

**Date: August 9, 2025**

**10:45am CT – Check-in**

**11:30am CT – Program Begins**

**Complimentary Lunch**

**Location: Renaissance Mobile Riverview Plaza Hotel**

64 S Water St, Mobile, AL 36602

[Google Map](#)

**PLEASE Register (RSVP) Online** <https://msviewsandnews.org/in-person-events>

If you do not have internet, please call (888) 871-1664 - Ext 105

**No Walk-ins will be permitted**

**Everyone needs to be registered in advance of the event, so we can have the correct number of food & tables**

**Exhibitors:**



Program provided by MS Views and News, a 501C3 not for profit organization  
**MS Views and News is MAKING a Positive IMPACT** on those affected by Multiple Sclerosis

