

## Is it Age related or is it MS?

### Special Guest Speakers:

#### Dr. Matthew J. Baker, neurologist with Collier Neurology

Topics: Gait issues, Spasticity, Fatigue! MS or Age related? NEWEST MS Treatment options. Access to MS Care/Telehealth 40 minutes discussion + 30 mins of Q&A

#### "The Power of Movement"

Jeffrey Segal, NSCA-CPT, CSCS, CPTS, CPR/AED - MS Exercise Specialist To Discuss:

- An Interactive & demonstrative presentation giving multiple ideas to enhance movement for people living with MS
- Exercises to help reduce spasticity



35 minutes discussion plus 10 mins of Q&A

# Date: February 12<sup>th</sup>, 2025

5:45pm – Check-in 6:30pm – Program Begins

Complimentary Dinner

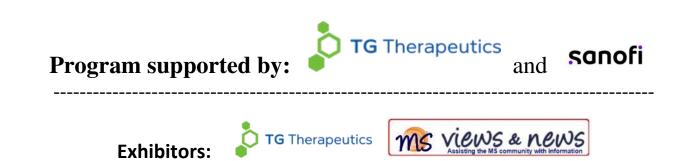
#### Location: Crowne Plaza Fort Myers 9931 Interstate Commerce Drive – Fort Myers, FL Google Map

PLEASE Register (RSVP) Online <u>www.events.msvn.org</u>

If you do not have internet, please call (888) 871-1664 - Ext 105

#### No Walk-ins will be permitted

(everyone needs to be registered in advance of event, so we can have correct amount of food)



Program provided by MS Views and News, a 501C3 not for profit organization **MS Views and News is MAKING a Positive IMPACT** on those affected by Multiple Sclerosis