



Program supported by:



and



## Is it Age related or is it MS?



### Special Guest Speakers:

**Dr. Matthew J. Baker, neurologist with Collier Neurology**



**Topics: Gait issues, Spasticity, Fatigue! MS or Age related?**

**NEWEST MS Treatment options. Access to MS Care/Telehealth**

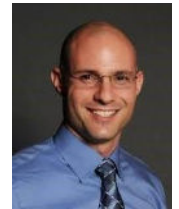
**40 minutes discussion + 30 mins of Q&A**

### “The Power of Movement”

**Jeffrey Segal, NSCA-CPT, CSCS, CPTS, CPR/AED - MS Exercise Specialist**

**To Discuss:**

- An Interactive & demonstrative presentation giving multiple ideas to enhance movement for people living with MS
- Exercises to help reduce spasticity



**35 minutes discussion plus 10 mins of Q&A**

## Date: February 12<sup>th</sup>, 2025

**5:45pm – Check-in**

**6:30pm – Program Begins**

**Complimentary Dinner**

**Location: Crowne Plaza Fort Myers**

**9931 Interstate Commerce Drive – Fort Myers, FL**

[Google Map](#)

**PLEASE Register (RSVP) Online [www.events.msvn.org](http://www.events.msvn.org)**

If you do not have internet, please call (888) 871-1664 - Ext 105

**No Walk-ins will be permitted**

**(everyone needs to be registered in advance of event, so we can have correct amount of food)**



Program provided by MS Views and News, a 501C3 not for profit organization  
**MS Views and News is MAKING a Positive IMPACT** on those affected by Multiple Sclerosis