

MS Views and News presents

THE MS SUMMIT

A free special MS Educational event * RSVP Required

Learn about Biosimilars - Physical Wellness - Stress & MS LIVE Audience Q&A - MS Treatments, Symptoms Management, MS Resources, Accessing MS Care, and More!

May 28th, 2024 at 6:00pm CDT







Clinical Social Worker





Megan R. Wiegel, DNP **Doctor of Nursing Practice MS Nurse Educator**

MS Neurologist

Program Sponsored by:

NOVARTIS **SANDOZ**



People living with MS and Care Partners are encouraged to attend this in-person Multiple Sclerosis Educational Program

6:05pm - Discussion: "What Biosimilars Could Mean for the Neurology Community"

Presented by: Sarah Ikenberry An FDA Biosimilars Expert

6:25pm - An introduction to strengthening exercises and movements specifically designed for people living with MS at any level. An interactive audience experience, understanding the benefits of movement, stretching, strength and building stamina.

Presented by: Gretchen Hawley, PT, DPT

a 25 minute presentation + 15 min Q&A

7:05pm - "Mind Over MS: The Role of Stress Management in Multiple Sclerosis"? This will focus on the impact of stress on MS symptoms and the importance of stress management techniques in improving quality of life and foster emotional wellness for individuals with MS. -

Presented by: Jessica S. Thomas, LCSW - Licensed Clinical Social Worker a 25 minute presentation + 15 min Q&A

7:45pm - A Round-table interactive Q&A with MS professionals addressing topics that impact MS Patients and Carepartners.

Expert MS Panel with: Patricia Pagnotta, ARNP; Samuel Hunter, MD and Megan Weigel, DNP

40 minutes + 20 min Q&A with audience

Program Date: Tuesday, May 28th, 2024

5:15pm - Program Check-in

6:00pm - Program Begins

A Complimentary Dinner will be provided to all attendees

Location: Sonesta Hotel Nashville Airport 600 Marriott Drive - Nashville, TN 37214

PLEASE Register (RSVP) Online: www.events.msvn.org

If you do not have internet, please call (888) 871-1664 - Ext 105 No Walk-ins will be permitted – all must be registered in advance of event.

Exhibitors: Ast





